

Ligar. El mejor remedio para acabar con una soltería crónica

Pulling. The best cure for the chronic singleton

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Self-help with a touch of humour for:

Everyone who believes that eating is not the most basic necessity

Shy singletons who need a little push

The recently separated, whose old methods are no longer infallible

Those who left their last partners ten years ago with the fatal words "I need to be alone", and who have been alone ever since

Everyone

Because all of us have at some time needed to be looked at, hugged, called, kissed, surprised, given gifts, told nice things. We all need love and affection.

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