

Viaje al optimismo

Journey to optimism



Author: [Eduard Punset](#) [1]

Publisher: [EDICIONES DESTINO, S.A](#) [2]

Language: Spanish

Year of Publication: 2011

Pages: 288

Spanish Retail price: 20.50€

ISBN: 978-84-233-4566-3

Genre: Others

SPRING

2012

Season: SPRING 2012

'The past has always been worse, and there's no doubt the future will be better.' It is this message that guides 'Viaje al optimismo', a journey Punset invites us to join him on. The author examines the constant scientific advances that justify an enthusiastic view of the future. On this journey, Punset refutes the view that the crisis is a global one, declares we should redistribute work while life expectancy is increasing by two and a half years every decade, and reminds us it's no longer possible to live without social networks. 'Nowadays,' he claims, 'people demand leadership from the youth,' says that it is more necessary than ever 'to learn to un-learn,' and that we must accept that managing our emotions is an inescapable priority.

Publishing rights available from **Company:** Destino

CIF: A08008948

Contact: D. Cladera, M. San Segundo

Phone: 934928595

E-mail: dcladera@planeta.es [3]

E-mail: msansegundo@planeta.es [4]

Website: <http://www.planetadelibros.es/foreign-rights.html> [5]

Source URL: <http://217.160.225.169/node/8246>

Links:

[1] <http://217.160.225.169/node/7833>

[2] <http://217.160.225.169/node/17890>

[3] <mailto:dcladera@planeta.es>

[4] <mailto:msansegundo@planeta.es>

[5] <http://www.planetadelibros.es/foreign-rights.html>