

## Martín Berasategui te ayuda a cocinar

Martín Berasategui Helps You Cook



**Author:** [Martín Berasategui](#) [1]

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In this recipe book, Martín shares his favourite recipes - the recipes he cooks when the restaurant shuts, he goes home and cooks what he really wants to - for his family and friends.

Readers need not be daunted: the recipes that Martín prepares in his down time are clear, concise, practical, tasty and balanced, and the book has photos detailing the preparation steps. This is the true cuisine -- the cuisine of simplicity.

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