

La medicina del alma

Soul Medicine



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Publisher: [Distribuciones Alfaomega S. L.](#) [3]

Year of Publication: 2002

Pages: 183

ISBN: 978-84-8445-108-2

Genre: Sports and practical book

AUTUMN

2010

Season: AUTUMN 2010

If you are ill or have a physical problem, perhaps you believe that you have not done anything to make yourself sick. It is also possible that you believe that you cannot personally do anything to make yourself better. With this book, you will discover how you have played a role in the creation of your illness, and when you realise how you have done this, you will be able to play a role in your cure. This work explores how each of us creates his own experience of reality at all levels, principally in its physical and emotional aspects. On this journey into your interior, you will also learn to utilize intuition as a guide to connect to the source of your creativity.

Your soul is the guide; the symptoms are the message which indicates that you are, in some way, resisting your aim in life. In addition to being an enlightening approach to health, Soul Medicine is an art for relating to the mystery of life.

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Additional information **Prizes and reviews:**

Cloth-bound and softback editions.

Five cloth editions, 13,290 copies sold.

Two softback editions, 1,837 copies sold.

International Rights sold: La medicina del alma (audio books) USA / Recorded books / 2006

Italy / Edizioni Mediterranee / 2009

Source URL: <http://217.160.225.169/node/2545>

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