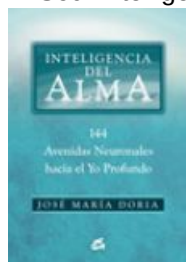


# Inteligencia del alma

Soul Intelligence



**Author:** [José María Doria](#) [1]

**Publisher:** [Distribuciones Alfaomega S. L.](#) [2]

**Year of Publication:** 2004

**Pages:** 320

**ISBN:** 978-84-8445-103-7

**Genre:** Sports and practical book

AUTUMN

2010

**Season:** AUTUMN 2010

In a world like the one we live in now, where preachers and vendors of promises divide up the energy of seekers, this work stands tall as a synthesis of wisdom which gives the reader non-casual inspiration on the best way deal with contemporary life and give meaning to it.

The author invites us to construct a happy mind by exercising sustained attention and the expansion of consciousness which generally occurs after personal crises. This is a work created to explore the deeper self and uncover the art of being through daily use of the 144 neuronal avenues which make up the text. The author suggests the book should be read by choosing a number between 1 and 144, thus activating deep-mind intuition. The reader opens himself to non-casual inspiration which, time after time, responds precisely to the subject's demands.

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Additional information **Prizes and reviews:**

Cloth-bound and softback editions.

Softback edition has sold over 3,000 copies.

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