

Cómo cocinar dos veces al mes

How to Cook Twice a Month



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A book for those who want to enjoy a tasty, balanced diet while only spending two days a month cooking. With this in mind, Cristina Macía offers various plans, appealing to different culinary tastes, for preparing seasonal menus. She also gives tips on how to organise the kitchen workspace and store food in the freezer, plus advice on how to make life simpler.

If you only want to cook two days a month but also enjoy a wide variety of dishes, this book contains the key.

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