

# Harina y arena

Flour and Arena



**Author:** [Xabier Gutiérrez](#) [1]

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Exchanged looks. The deep, plastic insight of two worlds both separate and united. Bulls and work at the Arzak lab. The latest culinary ideas in a pure state, cookery without ambiguity. Recipes without corrections. The chasm, the illusion of flying.

The bull and its celebration. No second chances. Movement made art. Plasticity made flesh.

Dare to discover how we cooked this mixture where there is everything. Fascinating recipes, photographs of a hair-raising beauty, evocative and seductive texts, magical designs, amazing bets.

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**Contact:** Fernando Burgueño

**Phone:** +34 987 844 200

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