

El sendero

The path



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DO YOU HAVE THE LIFE YOU WANT?

Are your state of mind and emotional state the most beneficial for you? Are your sentimental relationships happy? Is your health how you would like it to be? Is your work/professional situation gratifying? Is your income enough to cover your needs and dreams? Do your social and family links enjoy the stability you desire? If your answers are affirmative, Congratulations! If they aren't, you have two alternatives: resign yourself to them or do what is necessary to transform your world and really live how you want to live. Which would you prefer? If you choose the second option this book could represent the start of a journey towards the life you desire and deserve to live. What if you gave yourself the chance?

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