

LA CUINERA

The Chef



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Barcelona, 1771. Sixteen-year-old Constança leaves the distant city of Lima after the death of her father, a diplomat in the service of the Viceroy, to journey to Barcelona to join her grandparents. She takes with her the landscapes, tastes and textures imprinted in her memory and her only inheritance: a book of recipes belonging to her first teacher in the Peruvian court, the chef Antoine Champel. In Barcelona, Constança dreams of becoming a great chef, despite the fact that, as a woman, many doors are closed to her. Nevertheless, with passion and courage, she makes her way through the streets of a city in the throes of convulsion, moving between groups calling for revolution and the most refined, exquisite salons of the day: a sphere of power in which fascinating characters are to be found, such as the man considered to be the greatest gastronome of the age, the Baron de Maldà.

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"La cuinera mixes fiction with perfectly documented, real-life historical figures and a personal diary that precisely explains the era." El Periodico

"Endless surprises" Amazon

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