

# SOBRE LA FELICIDAD

On Happiness

**Author:** [LAMA LOBSANG TSULTRIM](#) [1]

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Skillfully, simply and rigorously, Lama Lobsang Tsultrim leads us towards ultimate happiness via the three stages of the journey we must follow: renouncing suffering, overcoming egoism by fostering limitless altruism and developing the wisdom that will allow us to perceive reality.

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**Address:** C/ ELÍAS ABAD, 3

**Contact:** FCO. JAVIER ALONGINA

**Phone:** 96 560 32 00

**E-mail:** [dharma@edicionesdharma.com](mailto:dharma@edicionesdharma.com) [3]

**E-mail:** [alongina@edicionesdharma.com](mailto:alongina@edicionesdharma.com) [4]

**Website:** <http://www.edicionesdharma.com> [5]

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