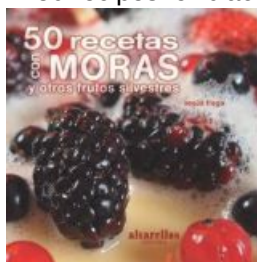


50 RECETAS CON MORAS Y OTROS FRUTOS SILVESTRES

50 recipes for blackberries and other wild fruits



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This book offers a panorama of the multiple ways of using blackberries, redcurrants, blueberries and raspberries, but also gooseberries and elderberries. Most of the suggestions – wonderfully illustrated with Ana Couceiro's photographs – are very simple and serve as a base for other preparations. Although most of the book is given over to desserts, there are also a handful of savoury dishes. Many are traditional kitchen recipes from countries such as England, France, Scotland and Germany; others use these traditions or the inventions of a contemporary chef as a starting point for exploring new ideas; and some are of the author's own invention.

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